



Getting to Brighton

By Train:

Brighton's main train station is located in the centre of the city making it easy to travel by train from London, the South East and the South West. Direct services from London can take as little as 50 minutes. For more information call National Rail Enquiries on 08457 48 49 50 or go to www.nationalrail.co.uk

On foot our office is a 7 minute walk from the train station. Follow Queens Road down towards the sea; take a left hand turn down North Road which has LA Fitness and The Post Office Sorting office on it. Follow this nearly all the way down until you reach Kensington Street which has Wagamamas Restaurant on the corner. We can be found at Number 28 Kensington Street, about a quarter of the way down the street.

By Coach:

National Express coaches run from London Victoria Coach Station to Brighton and take about 2 hours. There are connecting services from over 1200 UK destinations. There is also a regular Jetlink service to and from Heathrow and Gatwick airports. For more information call National Express on 08705 80 80 80.

By Car:

Brighton and Hove is about 45 minutes from the M25 London orbital motorway which connects with the rest of the UK motorway network. From the M25, take the M23/A23 dual carriageway to Brighton. The A27 links the city with towns along the coast, including Newhaven, Worthing, Chichester and Portsmouth. From Deal, Dover, Folkestone and Maidstone it is quicker to follow the M20 up to the M25 than to take the coastal route.

Parking:

Parking in the city centre can be very difficult, and parking restrictions are strictly upheld. There are several NCP car parks which are well signposted, but most streets in the town centre have restricted maximum parking times of only 2-3 hours. Car parks may seem more expensive, but if you are here for the day they are probably your best option. The nearest NCP car parks are North Road and Church Street. The nearest multi-storey Council run car parks are London Road and Trafalgar Street.

South East Dance Offices

28 Kensington Street, Brighton, BN1 4AJ Tel: 01273 696844

Located in the famous North Lanes, about a 7 minute walk from Brighton Station.

Useful Telephone Numbers:

Local Taxi Companies 01273 20 40 60 or 01273 20 20 20

Brighton & Hove Visitor Centre 0906 711 2255 Or visit www.visitbrighton.com