



**Lauren Allary**  
**Community and Learning Assistant**

Lauren is currently at South East Dance as a work placement from the University of Surrey where she is in her third year of a four year Dance and Culture Degree.

Her position as Community and Learning Assistant has enabled her to work closely with Kyla Lucking, Head of Community and Learning. The role has strengthened her interest in community dance projects which have included helping teach at a Brighton-based after school weekly dance class.

Born and raised in Shoreham, Lauren has an affinity with the South East and is delighted to be able to give something back to the area through her work at South East Dance.

Lauren is passionate about dance, both as a performer and a spectator. Her interest was sparked at the early age of four when she took up ballet. Lauren went on to learn a variety of techniques including tap, modern, jazz and contemporary, and more recently African and Kathak dance while at University. In her spare time Lauren enjoys yoga, swimming and reading. She also loves going to the theatre to watch dance performances.